

Green Thumb Garden

- Objective: To germinate a seed
- Learner Objective: To observe seeds in a greenhouse environment as they sprout
- Supplies: Paper/plastic gloves (food handler's gloves)
Can be bought from a restaurant or food supply house
- Variety of vegetable seeds that germinate in 5 – 7 days such as turnips, mustard, radish, carrots, lettuce, squash, cucumber, beets, etc.
- Pictures of plants / vegetables to be planted
- Soft tip permanent marker
- 5 paper plates
- Cotton balls – each participant needs 5
- Water
- Procedure: Write the name of different seeds on each finger and thumb of a glove
- Pour the seeds on to the paper plates keeping them separate – turnip seeds on one plate, mustard seeds on another, etc.
- Dip a cotton ball in water – saturation is not necessary

Touch the wet ball lightly in a seed plate picking up 8 – 10 seeds.

Put the cotton ball with the seeds in the correctly labeled finger of the glove.

Continue the process for all 5 fingers – do the thumb last.

Close the opening of the glove with tape.

No need to water

Seeds should sprout in a week

After sprouting, transplant to a pot – plant the cotton ball, too!

Compare the plants with the pictures